



Directions

- From I-15 exit on Aero Drive
- Exit and go west.
- Travel past Murphy Canyon Rd. and prepare to take the next right
- Take a Right on Ruffin Road
- On Ruffin Road, merge into the left turn lane
- Turn left into the Moose Lodge driveway and park in their lot.
- You'll see two beige color buildings facing north.
- Walk over to the beige color buildings.
- We are on the right end of the back building.
- Address 3658 Ruffin Road, Suite F
- There is a Fit-X sign at our mailbox.

Please feel free to call the office line if lost
Monday - Friday 8am-2pm

Fit-X San Diego
3658 Ruffin Road, Suite F
San Diego, CA 92123
858-715-8611

