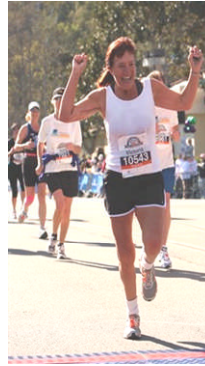




MEET YOUR TRAINER



***Vickie
Hubbard***
***"Live well at the
speed of life!"***

- Master Level Trainer and Group Fitness Instructor; Fit-X San Diego, 1999
- NASM Certified Personal Trainer, 1999
- ACE (American Council on Exercise) Certified Group Fitness Instructor, 1998
- Corrective Exercise Specialist; NASM Specializing in knees, hips, low-back, and shoulders
- Continuing Education Provider, ACE 2002
- Yoga Specialist, private & semi-private
- Extensive experience working with Vintage and Baby Boomer generations; both men and women
- Avid participant in 8 local marathons and half marathons
- 30 years of sales, customer service and management experience
- 20 years of Fitness Industry Experience; 10 years as a Life Coach
- CPR and First Aid Certified

Vickie is a valued member of the Fit-X San Diego One on One and Group Fitness Training Team featuring certified, degreed and professional trainers, instructors and counselors uniquely qualified to assist you in reaching your fitness goals. Fit-X San Diego offers in-door, out-door and water fitness programs for groups and individuals of all shapes and sizes.

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