

# “SUCCESS IS A CHOICE”

## Step Seven– Thrive on Pressure

**Stress**

*Is the enemy!*

vs.

**Pressure**

*Is your ally!*

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*Habits*

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*3 Pieces of Advice*

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**Choose How You Will Deal With Pressure**

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**What Are Your Pressure Points?**

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***We Must Prepare For Pressure***

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***Pressure Brings Out Extraordinary Results***

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***Apply Pressure To Yourself***

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